

CGH PARKINSON SUPPORT GROUP 2017

Venue: Seminar Room 34/ 35 (Level 3 Integrated Building)
Time: 230pm to 430pm

Contact: Medical Social Services Department
64268600/ 64268601 for registration

Dates (Thursday)	Topics*	Facilitator
6 April	Understanding your diagnosis and treatment regime	Doctor and Pharmacist
20 April	Moving with PD- reviewing movement strategies	Physiotherapist
25 May	A conversation on speech and swallowing	Speech Therapist
22 June	Community Resources/ Social Support	Medical Social Worker
20 July	Living with Parkinson's- Being in sync with daily activities	Occupational Therapist
24 August	Food for thought	Dietician
28 September	Mindfulness: A Path to Calm & Peace	Clinical Psychologist
19 October	Advance Care Planning	ACP Facilitator
9 November	Year End Party	All

*Programme is subject to changes